

October 2009 – September 2010 POWERHOUSE SURVEY RESULTS INTERVENTION MODEL

Eighteen (18) students responded to the anonymous survey.

1. How do you view the Powerhouse? (Please check all that apply) Other Comments: (See Survey Results Page 4)

- 94% Resource to gain skills to get a job
- 67% Resource to gain skills to get your G.E.D.
- 100% Place where you can share your problems
- 94% Place where you get support/ motivation
- 50% Like a school
- 94% A place to keep you away from trouble / off the streets

2. What was your life like before you came into the Powerhouse? (See Survey Results Page 4)

3. What about you have improved because of the Powerhouse? (Check all that apply)

- | | |
|---|---|
| <u>89%</u> Attitude (How I feel about myself) | <u>83%</u> Reading Skills |
| <u>94%</u> Behavior | <u>78%</u> Job Seeking Skills |
| <u>89%</u> Skills to help maintain/keep job | <u>94%</u> Ability to evaluate & make better choices |
| <u>89%</u> New Friendships | <u>100%</u> Life Skills |
| <u>83%</u> Computer Skills | <u>94%</u> Motivational Skills |
| <u>67%</u> Better Relationship with parent(s) | <u>94%</u> Ability to interact or relate with people from different walks of life |

Other Comments: (See Survey Results Page 3)

4. How did you feel about yourself before coming into the Powerhouse? (Check one)

11% Not good 83% Aw'ight 6% Real good

5. How do you feel about yourself NOW after coming into the Powerhouse? (Check one)

0% Not good 6% Aw'ight 94% Real good

6. What behaviors have changed for the better since you came into the Powerhouse? (Check all that apply)

- | | |
|--|---|
| <u>33%</u> Frequency of selling drugs | <u>33%</u> Frequency of using drugs |
| <u>28%</u> Frequency of using alcohol | <u>22%</u> Frequency of having sex/smashing |
| <u>33%</u> Frequency of having unprotected sex | <u>56%</u> Frequency of having several different sex partners |
| <u>33%</u> Frequency of smoking cigarettes | <u>78%</u> Frequency of violent/angry behavior |
| <u>33%</u> Frequency of theft | <u>33%</u> Frequency of being locked up |
| <u>83%</u> Frequency of getting into trouble | <u>44%</u> Frequency of fights |
| <u>44%</u> Frequency of attending church | |

7. Before you came into the Powerhouse did you see the need to get your High School Diploma or G.E.D? (Check one)

59% Yes 24% No 17% Unsure

8. On a scale of 1 to 5, how big of a difference has each of the Program components made in your life?

	(1) didn't make a difference	(2) kind of made a difference	(3) made a small a difference	(4) made a big a difference	(5) made a great a difference
Class Sessions	0%	6%	0%	33%	61%
Learning 100 Program	15%	0%	15%	8%	62%
Field Trips/Learning Excursions	6%	0%	12%	29%	53%
One-on-One Conversations	0%	0%	0%	33%	67%
Boardroom Discussions/Debates	0%	0%	0%	24%	76%
Games (Scrabble/Guesstures)	23%	15%	15%	23%	23%
Movies	7%	0%	33%	20%	40%
Books/Novels/Articles Read	0%	0%	10%	53%	37%
Current Event Discussions	0%	0%	18%	23%	59%
Quotes Learned	0%	0%	17%	33%	50%
Meals	12%	12%	19%	25%	32%

9. What is one lesson or quote that you have learned from the Powerhouse that you can apply to your life?

(See Survey Results Page 5)

10. On a scale from 1 to 5, how important were each of the sessions to you?

	(1) N/A	(2) not important	(3) somewhat important	(4) very important	(5) extremely important
Bag Chart	5%	0%	17%	11%	67%
Sessions on Sexuality (AIDS, Sex etc.)	17%	5%	0%	22%	56%
Manhood Sessions	0%	0%	1%	30%	69%
Landing the Perfect Job	12%	0%	17%	17%	54%
York Technical College Summer Camp	16%	6%	11%	28%	39%
Understanding Your Beginnings (Your Genesis has a lot to do with your revelation)	5%	0%	11%	11%	73%
Willie Lynch Letter	17%	0%	11%	22%	50%
Becoming a chameleon	5%	0%	24%	18%	53%

11. What makes you continue to want to come to the Powerhouse? (See Survey Results Page 5)

12. Where do you feel you would be if you hadn't experienced the Powerhouse? (See Survey Results Page 6)

13. Now that you have experienced the Powerhouse where do you see yourself now in the next five years?

(See Survey Results Page 6)

14. Have you started reading more now that you have been in the Powerhouse? 89% Yes 11% No

If yes, what are you reading more. (Check all that apply)

61% books 50% magazines 67% newspaper(s) 50% Bible

15. Would you recommend the Powerhouse to someone else? Why or why not? 100% Yes 7% No

(See Survey Results Page 7)

16. After coming to the Powerhouse do you now see the need to get your High School Diploma or G.E.D.?

(Check one)

94% Yes 0% No 6% Unsure

17. Do you see yourself making better choices now? (Check one)

100% Yes 0% No 0% Unsure

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1. How do you view the Powerhouse?

- * A place where you can learn to carry yourself, be respectful and how to speak correctly.
- * Being involved with the Powerhouse changed me in ways I can't explain.

2. What was your life like before you came into the Powerhouse?

- * Very undeveloped.
- * I was a good person & now I am a better person.
- * I was a wandering soul in society headed for destruction.
- * My life was a little dark but now I see my future. (2)
- * My life was bad. I was in the streets hanging around doing nothing for myself.
- * My life was hell. I was in and out of trouble before I came to the Powerhouse. (3)
- * I was always getting into trouble and having problems with a lot of different people.
- * It was aw'ight, I mean I made bad choices but now my life became better than it was.
- * My life was dead. I always fell into some kind of trouble; using drugs. But the day that I stepped in the room I felt a change. I thank them.
- * I was not in trouble, but I had given up; just trying to go to school and I just wanted to make enough money to get away from here.
- * I felt that I didn't have to get my education but when I started the Powerhouse it showed me that I needed my education and how important it is in my life.
- * I really wasn't living life.
- * Unclear.
- * Doing bad stuff & stay'in in trouble.
- * My life was one of disappointment & was very unclear.

3. What about you have improved because of the Powerhouse? (Check all that apply)

- * I'm starting to enjoy life.
- * My self-esteem
- * If you are lost in the world and you don't know what to do; join the Powerhouse.

9. What is one lesson or quote that you have learned from the Powerhouse that you can apply to your life?

- * Birds fly in flocks but eagles fly alone.
- * You can't fix what you won't face. (2)
- * Wherever you go you take you with you.
- * Choices + Consequences = The sum of one's life.
- * No matter where you go you take you with you.
- * Work hard; play hard; but don't confuse the two.
- * Circumstances may be delay you but they cannot deny you. (3)
- * If you always do what you always done you'll always get what you always got.
- * Never forget where you come from & always praise the bridges that brought you over. (2)
- * When you know better you do better.
- * It's business; never personal.
- * The longest journey begins with the first step.
- * To thine own self be true.
- * Boys play but men get the job done. (2)

11. What makes you continue to want to come to the Powerhouse?

- * They are very supportive.
- * Because the Powerhouse keep it real.
- * The good people around me. (2)
- * The feeling of a brotherhood. (2)
- * The fact that I learn something everyday. (4)
- * Because it let me know that I have more problems to solve than I think.
- * How real the sessions be. You can tell that whoever is speaking is "real" and not a fake.
- * The way we understand each other; and I(now) know that whatever I go through (to) never think that others are not going through the same thing.
- * Learning about the past (Black) history and it (Powerhouse) helps me with my problems.
- * A better life.
- * Pure curiosity.
- * The conversations
- * Because of the love.

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12. Where do you feel you would be if you hadn't experienced the Powerhouse?

- * I don't even want to think about where I'd be.
- * Dead or in jail. (4)
- * I don't know. (3)
- * I would have been on the street or in jail.
- * Locked up and still getting into trouble. (2)
- * On the couch or I would probably have a criminal record.
- * I'd probably be stuck on my one dream and not had made a back-up plan just in case the first dream didn't work.
- * At home with nothing to do.
- * In jail.
- * Behind in my journey.
- * In jail or walking the streets.
- * I would feel like I did before; bad and (that) nobody wants me.

13. Now that you have experienced the Powerhouse where do you see yourself now in the next five years?

- * Working hard & a family man.
- * Somewhere running.
- * College with a good job. (3)
- * Finishing school and going for my Masters degree.
- * I see myself out of my mom's house, working and in college.
- * Getting my diploma and going to college. (2)
- * I see myself in a big house with a career doing what I want.
- * Running my own studio/record label, starring in my second film & finishing my 3rd album.
- * A good job & nice family.
- * That's something I haven't thought about.
- * Graduating from college. (2)
- * In my own house. (2)
- * Working for my own company

15. Would you recommend the Powerhouse to someone else? Why or why not?

Yes, because...

- * It's the best thing to do & go.
- * They help you with everyday life.
- * The Powerhouse will let you know where you stand in life.
- * It's an awakening experience.
- * It teaches you that you can be what you want to be in life.
- * This program has helped me a lot and can do the same for others.
- * It can help them better their life.
- * When you come into the Powerhouse you feel like somebody.
- * I think that everybody should at least sit in for a day.
- * It would really change your life around; like seriously.
- * It would keep you out of trouble and off the streets.
- * It's a place that you can tell your problems and wouldn't nobody on the streets know about it.
- * It's a good help to whoever wants something in life.
- * The Powerhouse is a great program to be in. It's a life changing program. You will learn more.