

2006-2007 POWERHOUSE SURVEY RESULTS – INTERVENTION MODEL

Twenty-one (21) students responded to the survey.

1. How do you view the Powerhouse? (Please check all that apply)

- 52%** Resource to gain skills to get a job
- 38% Resource to gain skills to get your G.E.D.
- 52% Place where you can share your problems
- 55%** Place where you get support/ motivation
- 28% Like a school
- 38% A place to keep you away from trouble / off the streets

Other Comments: (See Survey Results Page 4)

2. What was your life like before you came into the Powerhouse? (See Survey Results Page 4)

3. What about you have improved because of the Powerhouse? (Check all that apply)

- | | |
|---|---|
| 55% Attitude (How I feel about myself) | <u>34%</u> Reading Skills |
| 59% Behavior | <u>52%</u> Job Seeking Skills |
| <u>41%</u> Skills to help maintain/keep job | <u>48%</u> Ability to evaluate & make better choices |
| 52% New Friendships | <u>45%</u> Life Skills |
| <u>28%</u> Computer Skills | <u>48%</u> Motivational Skills |
| <u>28%</u> Better Relationship with parent(s) | <u>28%</u> Ability to interact or relate with people from different walks of life |

Other Comments: (See Survey Results Page 3)

4. How did you feel about yourself before coming into the Powerhouse? (Check one)

- 24% Not good **66%** Aw'ight 10% Real good

5. How do you feel about yourself NOW after coming into the Powerhouse? (Check one)

- 0% Not good 16% Aw'ight **84%** Real good

6. What behaviors have changed for the better since you came into the Powerhouse? (Check all that apply)

- | | |
|--|---|
| <u>24%</u> Frequency of selling drugs | <u>14%</u> Frequency of using drugs |
| <u>17%</u> Frequency of using alcohol | <u>21%</u> Frequency of having sex/smashing |
| <u>17%</u> Frequency of having unprotected sex | <u>14%</u> Frequency of having several different sex partners |
| 31% Frequency of smoking cigarettes | 38% Frequency of violent/angry behavior |
| <u>7%</u> Frequency of theft | <u>14%</u> Frequency of being locked up |
| 41% Frequency of getting into trouble | 28% Frequency of fights |
| <u>24%</u> Frequency of attending church | |

7. Before you came into the Powerhouse did you see the need to get your High School Diploma or G.E.D? (Check one) **80%** Yes 13% No 7% Unsure

8. On a scale of 1 to 5, how big of a difference has each of the Program components made in your life?

	(1) didn't make a difference	(2) kind of made a difference	(3) made a small a difference	(4) made a big a difference	(5) made a great a difference
<i>Class Sessions</i>	0%	0%	27%	53%	20%
<i>Learning 100 Program</i>	0%	15%	38%	38%	9%
<i>Field Trips/Learning Excursions</i>	0%	0%	21%	58%	21%
<i>One-on-One Conversations</i>	13%	0%	22%	29%	36%
<i>Boardroom Discussions/Debates</i>	6%	0%	12%	41%	41%
<i>Games (Scrabble/Guesstures)</i>	14%	14%	21%	14%	37%
<i>Movies</i>	0%	21%	29%	36%	14%
<i>Books/Novels/Articles Read</i>	8%	15%	23%	39%	15%
<i>Current Event Discussions</i>	0%	23%	23%	54%	0%
<i>Quotes Learned</i>	7%	7%	24%	31%	31%
<i>Meals</i>	7%	40%	7%	13%	33%

9. What is one lesson or quote that you have learned from the Powerhouse that you can apply to your life?

(See Survey Results Page 5)

10. On a scale from 1 to 5, how important were each of the sessions to you?

	(1) N/A	(2) not important	(3) somewhat important	(4) very important	(5) extremely important
Bag Chart	0%	0%	23%	54%	23%
Sessions on Sexuality (<i>AIDS, Sex etc.</i>)	0%	7%	0%	31%	62%
Manhood Sessions	0%	7%	7%	72%	14%
Landing the Perfect Job	7%	0%	7%	50%	36%
York Technical College Summer Camp	11%	0%	22%	22%	45%
Understanding Your Beginnings <i>(Your Genesis has a lot to do with your revelation)</i>	0%	0%	11%	56%	33%
Willie Lynch Letter	15%	0%	23%	47%	15%
Becoming a chameleon	8%	0%	23%	54%	15%

11. What makes you continue to want to come to the Powerhouse?

(See Survey Results Page 5)

12. Where do you feel you would be if you hadn't experienced the Powerhouse?

(See Survey Results Page 6)

13. Now that you have experienced the Powerhouse where do you see yourself now in the next five years?

(See Survey Results Page 6)

14. Have you started reading more now that you have been in the Powerhouse? **71%** Yes 29% No
If yes, what are you reading more. **(Check all that apply)**

29% books 43% magazines **57%** newspaper(s) 21% Bible

15. Would you recommend the Powerhouse to someone else? **93%** Yes 7% No **Why or why not?**
(See Survey Results Page 7)

16. After coming to the Powerhouse do you now see the need to get your High School Diploma or G.E.D.?
(Check one)

100% Yes 0% No 0% Unsure

17. Do you see yourself making better choices now? **(Check one)**

93% Yes 0% No 7% Unsure

revised 6/28/06

POWERHOUSE SURVEY RESULTS

(Reported as written by participant's)

1. How do you view the Powerhouse?

- *A good place to go and get help with problems that they may be facing.
- *A great place to know that people care about you.
- *One of the best things that happened for the Black community.
- *They really help you out and they really want to see you make it in life.
- *I view the Powerhouse as a place for help. A place to change your life.
- * A place where I can be me and be real about stuff
- *And help you understand the facts in life.
- *The Powerhouse is an great asset to the community and to the world.
- *Thank you for your help. Thank Rev. Pelham. He is a good man. Don't think hard of me because I done wrong things because my mother says all people do wrong.

2. What was your life like before you came into the Powerhouse?

- *I didn't know which way my life was heading. I learned to think before I act and to make better decisions.
- *I got in trouble all the time.
- *I was selfish before coming to the Powerhouse and self-conscious about things. Without the Powerhouse I wouldn't have gained as much knowledge as I did.
- *Troublesome, fake, undecided and absolutely no purpose.
- * It was positive but the Powerhouse helped me become a better person.
- *Unorganized and off track.
- *I was depressed and had a lot of problems with my family, friends and the streets. I was lost.
- *It was OK. I was troubled.
- *Bad and didn't care about anything that other people had to say.
- *I was lazy, never did nothing for myself or for someone (else).
- *It wasn't all that good.
- *It was very tow (torn) up.
- *A living Hell.
- *It wasn't a bad life but it has gotten better every since I came to the Powerhouse.
- *My life was very confusing and hard because I had a lot of anger that I didn't know how to confront and things in my mind that was killing me.
- *Bad. I was getting locked up and had trouble in school.
- *Not good.
- *My life was getting thrown down.
- *I had a lot of attitude.

- *My life was terrible. I was always seeking trouble to get into.*
- *I used to get in trouble all the time. Now I don't get in trouble as much.*
- *It takes me longer to get mad. I keep peace now.*
- *Bad and always getting into trouble.*
- *I was stressful and wild*
- *Good and OK.*
- *Stressful, angry, hurtful, depressed.*
- *My life was good. Just wanted to do things my way. But with y'all (Powerhouse) help and the Lords. I thank all because God has been good to me.*
- *Wild and crazy*

3. What about you have improved because of the Powerhouse? (Check all that apply)

- *Changed me from "thugging" to loving.*
- *I think my respect for adults has changed a lot.*
- *Helped me stop being so unapproachable to people.*
- *Helped me to be able to express my feelings to others without being scared.*
- *A lot of what the Powerhouse does is enhance all of the skills that we all have inside of us as young Black men.*
- *God is good.*

9. What is one lesson or quote that you have learned from the Powerhouse that you can apply to your life?

- *If you always do what you've always done you'll always get what you always got. (3)*
- *Try something new in your life for the good.*
- *When you know better you do better. (2)*
- *Choices + Consequences = Sum of One's Life.(4)*
- *Be open-minded.*
- *Wherever you go you take you with you.(2)*
- *You can't fix what you won't face.*
- *Being Open-minded and having motivation.*
- *To learn how to look nice to get a job.*
- *Instead of walking in someone else's path make your own and leave a trail for someone else to follow.*
- *To get life before it ends.*
- *Living a better life.*
- *Never forget where you come from and always praise the bridges that brought you over.*
- *Circumstances may delay you but they cannot deny you.*
- *Lies are like ghosts they will always come back to haunt you.*
- *We need to tie our shoes and stop trippin.*
- *What was lost can be found but not time wasted.*
- *Sometimes we all have to become a chameleon to change our outside appearance but not our hearts to fit into Corporate America.*
- *Be better to myself and do good because God have been better to me than I have. I love all of y'all. Pray for me. Thank God.*
- *There is never a right way to do a wrong thing.*

11. What makes you continue to want to come to the Powerhouse?

- *To be around positive influences*
- *The love*
- *(Learning about) the skills that different people have; especially when they share their skills and the debating part.*
- *Environment, security*
- *Seeing others and wanting to do good*
- *The talking sessions.*
- *It's fun. Field trips and class sessions.*
- *The staff made me want to come back.*
- *Friends and family.*
- *To increase my way of getting a job.*
- *Talk'in to one another*
- *So I could stay out of trouble.*

11. What makes you continue to want to come to the Powerhouse? (continued)

- *The Powerhouse is my family.*
- *Because they keep it real and tell the truth.*
- *Knowing that I can come and talk to someone about what's going on and knowing they are not judgmental.*
- *To learn more things.*
- *Making my life better.*
- *Because I know they are really putting effort into me to make me successful.*
- *They have motivated me to want something better out of life.*
- *My friends and staff and the love you feel when you walk through their doors.*
- *Just to learn something new.*
- *I can tell you (the staff) how I feel and someone else (is usually) going through the same thing.*
- *The people*
- *Getting help with my education*
- *It's a stress reliever for me and some place I know I have someone to talk to and (whose) gon' listen to the fullest.*
- *Because I feel I have someone to talk to.*
- *Rev. Pelham, Aaron and Mrs. Julia help me to become a better man.*
- *Good people and friends.*
- *(Want) to get G.E.D.*

12. Where do you feel you would be if you hadn't experienced the Powerhouse?

- *Somewhere still getting into trouble*
- *In a lot of trouble (2)*
- *I wouldn't be in church like I do. I wouldn't be leading by example.*
- *In jail, lost*
- *The same way; doing the wrong thing.*
- *Not ready for life.*
- *In jail (3)*
- *I would be locked up.*
- *On the streets doing nothing.*
- *In my bed.*
- *I don't know.*
- *Deeper in the streets*
- *Probably back on the streets.*
- *In jail or maybe even dead. (2)*
- *Locked up or on the street.*
- *The old me as in smoking and drinking.*
- *Probably out selling drugs getting high.*
- *I would probably be down the road.*
- *I feel I would be locked up for a long period of time.*
- *On "the block" and kick'in in doors.*
- *Kept me out of trouble*
- *On the streets slanging and gang banging.*
- *Where I am at now at home watching T.V.*
- *In trouble or hurt*
- *Be the same place I was; wild and crazy.*

13. Now that you have experienced the Powerhouse where do you see yourself now in the next five years?

- *With my G.E.D. Having gone at least to technical school and having a job or my own business.*
- *In college; successful.*
- *I see myself settled and established and rich if I keep up the good work.*
- *In college or coming out; married with kids a good job and loving others.*
- *In grad school????*
- *In college (3)*
- *Ready for the world.*
- *One of the things would be a college degree and a producer in music.*
- *In college working on getting my own business.*

13. Now that you have experienced the Powerhouse where do you see yourself in the next five years? (continued)

- *In a nice house with a nice family.*
- *Working, having a family.*
- *On top of my game.*
- *Either playing in the NBA or Engineering.*
- *Owning my own business and hiring employees instead of an employer hiring me.*
- *With a job making \$500 an hour.*
- *Playing in the NFL.*
- *A hardworking man.*
- * With a good job and a family.*
- *Hopefully at a job trying to work my way up to manager.*
- *In college at USC*
- *Open up a work shop*
- *Owning my own construction business.*
- *I see myself happy and got a good job and helping others like me make it.*
- *I will have a good job.*
- *Succeeding in life no matter what career I choose.*
- *No vision*

15. Would you recommend the Powerhouse to someone else? _____Yes _____No Why or why not?

- *It's a good program.*
- *Because it's a good place to be.*
- *Because it helped me so I know that it would help someone else in need.*
- *It's a good place to come and talk.*
- *Because this is a place to relieve stress and receive motivation.*
- *It is very positive.*
- *Yes, because there are too many dropouts.*
- *The Powerhouse is for anybody.*
- *Because it helped me and I'm sure it could do the same for someone else.*
- *Because it is so real.*
- *Because it helped me and I KNOW it will help others.*
- *Because it will help you out with a lot of problems.*
- *Yes, because I know if it helped me it can definitely help someone else.*
- *Because it is a good place to come to.*
- *I feel that everyone that need to get there life together should be in this program.*
- *It can help a lot of people get their mind off the streets.*
- *The Powerhouse is a place where the staff looks deep within your heart to find out the problem. They are always willing to help no matter the situation or time.*
- *Because it's fun.*
- * If you are a lost boy the Powerhouse will help you become a found man.*
- *They have some good teachers and they will help you find a job.*
- *Because the Powerhouse can help you though a lot.*
- *Because it can help you to develop the right tools it takes to succeed in life.*
- *Good program. Good people to help you out.*